MONITOR

Begin to stagger your report requests. Ask for a free credit report from a different company every three to four months so that you can continuously monitor your credit. Make sure that you review all bank and credit card statements monthly and dispute fraudulent items immediately. Keep an accurate record of all people and businesses that contact you regarding your identity theft and any follow-up contacts that you make. Keep a copy of all letters that you send and all information that you receive.

Name/ Title	Company/ Institution/Agency Name	Address and Phone Number	Date of Contact	Notes	Time

Name/ Title	Company/ Institution/Agency Name	Address and Phone Number	Date of Contact	Notes	Time